

Prayer in 90 Seconds or Less
December 25, 2018

Prayer:

- What is it?
- Does it matter?
- Who is listening?
- Am I qualified?

Time to Break the Rules:

- Do not rely on the prayers of your childhood
- Remember all the world is a place for prayer
- Pray in a language you understand
- Have a “heart to heart” with the Divine (no editing)
- Every moment is an opportunity

Remember:

- See each human being and yourself as unfinished work in progress
- Find acceptance & forgiveness for yourself and others
- See the divinity of every living thing

Find your own language to talk to God. You can speak in eloquent and poetic words, or you can just cut to the chase. You can sing, whisper, cry, scream or laugh. You can talk by yourself, with others, at the beach, in the shower, in traffic, in a restaurant. You can pray for a bicycle, a relationship and a parking space all in the same day.

From - We Plan, God Laughs, Sherre Hirsch

My 90 Second Prayer: What do You want to say to God Right Now?